



Hokianga Health Hauora Hokianga

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COMMUNITY NEWSLETTER No. 244

OCTOBER 2017

This newsletter is published monthly to keep you informed of what is happening at Hokianga Health. If you have any comments, contributions or questions, please contact Chrissie Williams at the hospital on (09) 4057-320, or the Trustees for your clinic area.

ANNUAL COMMUNITY MEETINGS

In October the Trust will hold its annual series of meetings with the different communities. The Trust will report on what was achieved in the 2015/16 year and our ideas for the future. All welcome!! **Following is the programme:**

Monday 9 October

| | | |
|-----------|---------|-----------------|
| Broadwood | 10 am | A&P Hall |
| Pawarenga | 12.30pm | Pawarenga Trust |
| Panguru | 3 pm | Panguru Trust |

Tuesday 10 October

| | | |
|-----------|---------|-------------------|
| Kohukohu | 10 am | Kohukohu Fire Stn |
| Mangamuka | 12.30pm | Mangamuka Clinic |
| Horeke | 2.30 pm | Horeke Hall |

Wednesday 11 October

| | | |
|-----------------|---------|----------------|
| Waimamaku | 1 pm | Waimamaku Hall |
| Omapere/Opononi | 3.30 pm | Opononi Hall |

Thursday 12 October

| | | |
|--------------------|---------|--|
| Taheke/Otaua/Waima | 1.30 pm | Taheke Clinic |
| Rawene | 4.00 pm | Whare Matauranga, Hokianga Hospital |

The following candidates are standing for election:

| | |
|------------------|---|
| Broadwood | Bet Waipouri |
| Horeke | Francis Howard |
| Kohukohu | Kelly Wallace |
| Mangamuka | Ngawai Tuson, Betty Harris (2 seats) |
| Omapere | Carla Robinson |
| Panguru | Tania Paikea |
| Pawarenga | Frank Herbert, Elizabeth Warr (2 seats) |
| Rawene | Charles Nathan, Elisabeth Bowker |
| Taheke | Ron Dixon |
| Waimamaku | Harley Barlow |

Our Annual Report is available at the meetings.

It includes highlights events during the year as well as our clinical and financial reporting. The report is available online on our website.



MENTAL HEALTH AWARENESS WEEK

3 – 8 October - the theme this year is "NATURE"
Our team will be joining the hikoi in Kaikohe, and encouraging everyone to participate in nature to feel well. For more information on Mental Health Awareness Week go to www.mhaw.nz.

HOKIANGA HOSPITAL AUXILIARY CELEBRATES 50TH ANNIVERSARY

Auxiliary is a group of volunteers who raise funds for the Trust, providing much needed equipment and support for maintenance of services. In September Auxiliary celebrated fifty years of service and achievement with a luncheon and presentations. Currently Auxiliary has 18 members who work extremely hard, with former Hospital Clinical Manager Gwen Freese as president. Over the past fifty years Auxiliary has acquired funds and purchased for the Trust a total of \$515,028 worth of equipment. This has included beds, chairs, emergency equipment, hoists, concentrators, and much more.



Pictured are Auxiliary officers (left to right) Vice-president Lorraine Kearns, Secretary Carol Fife, President Gwen Freese and Treasurer Lis Bowker.



Foundation member Betty Pennell cuts the 50th Anniversary cake

HOKIANGA COOKBOOK

To commemorate 50 years success the members have published a cookery book of their favourite recipes – these are now on sale for \$20 and can be purchased from any HHA member, at the Hospital front desk or contact us through our website.

HAVE YOU VISITED OUR NEW WEBSITE?

We have re-vamped our website to make it friendly for mobile phones and devices.

Visit us on www.hokiangahealth.org.nz

Facebook  @ Hokianga Health

DENTAL SERVICES

Northland DHB provides oral health services for Hokianga. To be eligible for the low income adult oral health service, you must hold a current Community Services Card and pay a co-payment of \$40 at the time of the appointment. To contact any of the above services please phone 0800 my teeth, 08006983384.



Hauora Hokianga

Pouaka Poutapeta, Kaikohe

Waea: (09) 4057 709 Waea Whakaahua: (09) 4057 329

PANUI-A-IWI RUA RAU, WHA TEKAU MA WHA

Oketopa 2017

E tūhia ana tēnei pānui kia noho mohio ai te iwi whānui ki ngā whakahaerenga o Hauora Hokianga. Mehemea he whakaaro ōu, he pātai rānei, he awhina rānei, me whakapā mai ki a Kirihi Wiremu i te Hohipere o Rāwene; nama waea (09) 4057 320: me whakapā atu rānei ki te tarahiti o tōu rohe kaināa noho.

NGA HUIHUINGA A ROHE O HAUORA HOKIANGA

Ka timatatia nga huihuinga a rohe i tenei marama e tuku ripoata ai e te Poari nga korero mo nga whakahaerenga o te hohipere, ko nga aupikinga me nga auhekenga mo te tau 2015/16 Ka puta ano hoki nga tirohanga me nga wawata mo te tau e heke mai nei. Noo reira, haere mai e te iwi ki nga huihuinga whai tikanga mo te hohipere, me te kawenga tonutanga o te mahi tuku kaupapa hauora a te hohipere ki roto o Hokianga nui tonu ki te iwi whānui. Nau mai, haere mai e te katoa ki te tepu huihuinga korero ai.

Mane 9th Oketopa

| | | |
|-----------|---------|-----------------|
| Broadwood | 10 am | A&P Hall |
| Pawarenga | 12.30pm | Pawarenga Trust |
| Panguru | 3 pm | Panguru Trust |

Turei 10th Oketopa

| | | |
|-----------|---------|-------------------|
| Kohukohu | 10 am | Kohukohu Fire Stn |
| Mangamuka | 12.30pm | Mangamuka Clinic |
| Horeke | 2.30 pm | Horeke Hall |

Wenerei 11 Oketopa

| | | |
|-----------------|---------|----------------|
| Waimamaku | 1 pm | Waimamaku Hall |
| Omapere/Opononi | 3.30 pm | Opononi Hall |

Taite 12th Oketopa

| | | |
|--------------------|---------|------------------|
| Taheke/Otaua/Waima | 1.30 pm | Taheke Clinic |
| Rawene | 4.00 pm | Whare Matauranga |

Ko nga kaitono tuuranga tarahiiti o nga takiwa:

| | |
|------------------|---|
| Broadwood | Bet Waipouri |
| Horeke | Francis Howard |
| Kohukohu | Kelly Wallace |
| Mangamuka | Ngawai Tuson, Betty Harris (2 seats) |
| Omapere | Carla Robinson |
| Panguru | Tania Paikea |
| Pawarenga | Frank Herbert, Elizabeth Warr (2 seats) |
| Rawene | Charles Nathan, Elisabeth Bowker |
| Taheke | Ron Dixon |
| Waimamaku | Harley Barlow |

Ka watea te Ripoata a Tau ki te iwi i roto i te Hui-a-Tau e haere mai nei. Ko nga kohinga korero e whakaatu ana i nga mea papai, nga huihuinga, nga mahi hauora me te taha moni. Kei te ipurangi te ripoata e iri ake ana, tirohia.....

WIKI MO TE HAUORA HINENGARO 3rd – 8th Oketopa

Ko te Taiao te kaupapa mo tenei tau. Hei whakanui i tenei wiki, ka haere te roopu o Te Whare Awhina ki tetahi hikoi i Kaikohe me te whakanui o te kaupapa o tenei tau. Tirohia te ipurangi nei mo te roanga atu o nga korero mo tenei kaupapa - Mental Health Awareness Week www.mhaw.nz.

KAUPAPA ORANGA NIHO

Kei a Northland DHB te kaupapa oranga niho mo te iwi o Hokianga mo nga mokopuna, tamariki, taitamariki, nga pakeke me nga kaumatua katoa e tiakina ana e te DHB. Ahua rereke te kaupapa o te utu inaianei, me whai Community Service Card hei whakamaamaa. Waea atu ki te nama 0800 my teeth, 08006983384 ki te korero.

HOKIANGA HOSPITAL AUXILIARY CELEBRATES 50TH ANNIVERSARY – RAA WHAKANUI

He roopu kohi moni too te Auxiliary mo te hohipere, ka mutu, he kaimahi utu kore, e mahi kaha ana i runga i te aroha me te whai whakaaro nui ki te hohipere, tangata me te iwi o Hokianga. Ka nui te awhina whai hua a te Auxiliary ka hokona rawa mo te hohipere me te tautoko i nga kawenga o te hohipere kia haere tonu ai. E kore e taea te korero mo nga mahi papai a te Auxiliary. I te Hepetema nei, i eke te Auxiliary ki te 50 tau oona e haere ana. Noo reira, ka whakanuia, ka whakamihia, ka whakahohoretia te Auxiliary.

I tuu tetahi hui mihimihi me te kai hakari mo te whakanui i nga mahi i roto i nga tau 50 tekau ki muri. tenei. 18 nga mema o tenei kaahui kaimahi me too ratou kaha puumau ki te mahi, ki te whakahaere hui, ki te karanga hui me te whakatakoto kaupapa mahi. Ko te perehitini o te Auxiliary ko Gwen Freese, noona te tuuranga o te Clinical Manager i mua i a ia e mahi ana mo te hohipere. I roto i nga 50 tau te roa, kua kohia e te Auxiliary \$515,028 taara te waariu o nga momo rawa mo too tatou hohipere. Ka nui te reo whakamihia me te reo maioha ki te kaahui o te Auxiliary.



Ko nga apiha o te Auxiliary, ko Lorraine Kearns, ko Carol Fife, ko Gwen Freese, ko Lis Bowker. Naa te mema tawhito a Betty Pennell te keke i koti, te raa i whakanuia. Ka mihi!

PUKAPUKA TUNU KAI O HOKIANGA

Hei whakanui i te ekenga o te Auxiliary ki te 50 tau, ka whakapuataina tenei pukapuka mo te tunu kai. Naa nga mema o te Auxiliary i tuhi nga korero mo te mahi me te tunu nga tino kai o te Hokianga. \$20 te utu, kei nga mema o te HHA, kei te tari o te Hohipere, kei runga i te website o te hohipere nga waahi mo te hoko i te pukapuka nei. Ae maarika, ka matekai te puku!!

TIROHIA TE IPURANGI HOU

Kua whakahoungia te ipurangi o Hauora Hokianga ki tetahi hanga pai ake, tirohia toona pai. www.hokiangahealth.org.nz He kanohi pukamata too Hauora Hokianga, koia tenei te ara.....

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